



# PROM Pledge

## I PROMise to...

- find a party partner to help keep me safe.
- stay with a group so we can take care of each other.
- have a plan in place to get home safely.
- keep my parents/caregivers informed of my whereabouts.
- make sure my phone is fully charged and with me in case of an emergency.
- set limits if consuming any alcohol or drugs.
- not accept any drinks from someone I don't know, and to never leave my drink unattended.
- step in if someone's safety is at risk.
- not allow someone who is under the influence of drugs/alcohol to get behind the wheel.
- call my parents/caregivers if I need a safe ride home.



PROM 2025