

ENTERIC OUTBREAK MANAGEMENT CHECKLIST

For Long-Term Care/Retirement Homes

Refer to this checklist to manage your facilities outbreak as per the Ministry of Health protocols and the Windsor-Essex County Health Unit (WECHU). Retain for your records.

Facility Name:	Outbreak #: 2268 – –	Date:
Outbreak Declaration: <input type="checkbox"/> Suspect <input type="checkbox"/> Confirmed		
Affected Area: Entire facility <input type="checkbox"/> OR Name of unit(s):		
"Client" refers to resident, patient, child, person supported etc.		
Case definition: determined by the WECHU (Click here or visit wechu.org)		
<input type="checkbox"/> Abnormal temperature	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Chills	<input type="checkbox"/> Cramps	<input type="checkbox"/> Nausea
<input type="checkbox"/> Malaise/fatigue	<input type="checkbox"/> Headache	<input type="checkbox"/> Other: _____
CONTACT		
Identify the designated WECHU nurse for your outbreak: Nurse Name: _____ Phone #: 519-258-2146 ext. _____		
<input type="checkbox"/> For any questions or concerns please contact your designated nurse or the Infectious Disease Prevention (IDP) department at 519-258-2146 ext. 1420 . The WECHU business hours are from 8:30am - 4:30pm Monday to Friday. Contact the After-Hours hotline at 519-973-4510 to speak with on-call personnel outside of WECHU business hours.		
IMMEDIATE PRECAUTIONS		
If a client is symptomatic: <small>*More information available below</small>	Immediately self-isolate the individual .	
	Implement additional precautions (i.e., Contact, Droplet <i>if applicable</i>).	
	Provided the necessary medical assessments .	
	Test to determine specific illness.	
TESTING & SPECIMEN COLLECTION		
<input type="checkbox"/> Ensure your facility has non-expired specimen collection kits, stored in a location that is known and accessible to staff. Additional specimen kits can be ordered online, see PHO's Kit and Test Ordering Instructions webpage to request these tests.		
<input type="checkbox"/> Lab Requisitions	Collect lab specimens from clients who most recently became ill within 48 hours of onset of symptoms and who have the most representative symptoms of the suspected illness. Consult with the WECHU as needed.	
	Complete the lab requisition form in its entirety (ensure facility name and address on form). Include the outbreak number and at least two client identifiers on both the sample and the requisition form.	
	Arrange for delivery to the lab within 72 hours – ensure you refrigerate the sample in a dedicated specimen fridge.	
<input type="checkbox"/> Test all symptomatic individuals	A total of five stool specimens can be collected and sent to lab (testing will stop after two positive results). See PHO's Gastroenteritis – Stool Viruses webpage for more information.	

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LINE LISTS					
<input type="checkbox"/>	Create a line list of clients who belong to the outbreak (click here to download the line list or visit wechu.org). *Only include clients to line list who meet case definition.				
<input type="checkbox"/>	Update and fax line lists daily to WECHU by 10:00 am to fax (519)-977-5097.				
COMMUNICATION					
<input type="checkbox"/>	Post outbreak signage at all entrances of building.				
<input type="checkbox"/>	Notify all staff (including the house physician, facility pharmacist, DOC, etc.), students, volunteers, client families, and visitors of the outbreak. The WECHU will send your facility an Advisory Notice to reflect the current outbreak. An Outbreak Notification will be posted on the WECHU website alerting other health care facilities and agencies of current outbreak in your facility.				
<input type="checkbox"/>	Convene a multidisciplinary Outbreak Management Team (OMT) and meet daily to review the status of the outbreak and support infection control efforts across the various departments (i.e., Nursing, Dietary, Environmental, House Physician etc.).				
PUBLIC HEALTH INSPECTOR					
<input type="checkbox"/>	Identify the designated Public Health Inspector (PHI) from WECHU for your facility: PHI Name: _____ Phone #: 519-258-2146 ext. _____ Your Public Health Inspector (PHI) may reach out to conduct a site visit and meet with the IPAC lead/OMT.				
IPAC MEASURES					
<input type="checkbox"/>	Refer to WECHU IPAC Hub website and the Ministry of Health documents for additional resources related to outbreak control measures: Recommendations for Outbreak Prevention and Control in Institutions and Congregate Living Settings – October 2024 (or as current) Appendix 1: Ontario Public Health Standards, Gastroenteritis Outbreaks in Institutions and Public Hospitals – May 2022 or as current				
<input type="checkbox"/>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%; padding: 5px;">Resident Control Measures</td> <td style="padding: 5px;">Isolate symptomatic clients and cohort cases (i.e., limit movement between clients in outbreak area and non-outbreak areas) where possible.</td> </tr> <tr> <td style="padding: 5px;"></td> <td style="padding: 5px;">Refer to Section 1.3 of the <i>Outbreak Quick Guide 4.0</i> for more information on isolation and cohorting requirements by outbreak type.</td> </tr> </table>	Resident Control Measures	Isolate symptomatic clients and cohort cases (i.e., limit movement between clients in outbreak area and non-outbreak areas) where possible.		Refer to Section 1.3 of the <i>Outbreak Quick Guide 4.0</i> for more information on isolation and cohorting requirements by outbreak type.
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<input type="checkbox"/> Staff/ Students/ Volunteers Control Measures	Minimize movement of staff/students/volunteers between affected and unaffected areas as much as possible (i.e., cohorting staff).
	Exclude ill staff/students/volunteers for at least 48 hours after their last symptom or longer if indicated by your facilities internal policies. NOTE: If a specific causative agent is known, disease-specific exclusions apply.
	If dietary staff become ill while working, discard all ready-to-eat food they prepared while on shift.
	Staff working at another facility should notify the facility NOT in outbreak and wait at least 48 hours from last exposure at the outbreak facility and be symptom-free. This period may be modified if the specific illness type is known.
<input type="checkbox"/> Dietary	Sick clients should receive meals (tray service) in their room.
	Ensure the staff who deliver meals are practicing proper hand hygiene in between rooms.
	DO NOT dispose of food samples until speaking with your PHI or PHN.
<input type="checkbox"/> Visitor Control Measures	Restrict visitors to essential caregivers on affected units.
	Ensure those who do visit: <ul style="list-style-type: none"> • Practice vigilant hand hygiene • Visit clients in their rooms and avoid communal areas • Visit only one client; do not mingle with other clients • Use appropriate PPE especially if providing direct care
	Ill visitors should be advised not to visit while they are ill and wait until symptoms have ended.
	Provide visitors with the WECHU pamphlet " What Visitors Need to Know during an outbreak ."
<input type="checkbox"/> Enhanced Environmental Cleaning	Increase frequency of cleaning and disinfecting of high touched areas and surfaces to entire facility a minimum of twice daily (e.g., washrooms, handrails, tabletops, chair arm rests, doorknobs, etc.).
	Choose products with proven efficacy against identified germs. Follow the manufacturer's directions on proper concentration and contact times. For more information, refer to PHO's Best Practices for Environmental Cleaning – April 2018 or as current.
	Dedicate use of equipment, when possible, to the ill client or clean and disinfect between use as per manufacturer's directions (e.g., wheelchairs, lifts, scales, blood glucose meters, BP cuffs, thermometers, etc.).
	Commodes should remain with the client and are to be cleaned and disinfected. If possible, use disposable bedpans.
	Limit movement of equipment/supplies through affected areas.

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<input type="checkbox"/> Hand Hygiene	Ensure proper handwashing is maintained by clients and staff by providing ample supply of soap and 70-90% alcohol-based hand sanitizers.		
	Implement the use of alcohol-based hand rubs in areas where sinks are not readily available.		
<input type="checkbox"/> PPE	Ensure proper PPE (for example, masks (N95 where applicable), gloves, gowns, eye protection etc.) are available and accessible throughout the facility.		
	Wear proper masks, goggles and/or face shield when providing care within two meters of case/suspect case, if droplet precautions are initiated. *Dispose mask after single use and clean and disinfect goggles.		
	Perform hand hygiene before applying and after removal of gloves. *Discard immediately after use and wash hands.		
	Wear gowns only if skin or clothing likely to be contaminated during care.		
	Provide a container for soiled PPE/linen: If the container is located <i>inside</i> the client room, the container must be a minimum of 6ft or more away from the client's bed. If not possible, place the container <i>outside</i> the room a minimum of 6ft away from any clean linen. *Ensure alcohol-based hand sanitizer is available by the container.		
<input type="checkbox"/> Audit	Increase audits of staff practices (e.g. hand hygiene, cleaning, use of PPE, etc.).		
<input type="checkbox"/> Activities	Reschedule communal meetings or activities on the affected unit/floor (or entire facility if outbreak is determined to be facility wide). Meetings or activities may proceed in non-affected units/floors. *Visits to facility by outside groups (e.g., entertainers, community groups, etc.) are not permitted during an outbreak.		
	Asymptomatic or well clients on affected units may continue to participate in small group activities (i.e. physiotherapies, occupational therapy etc.) on the unit only; proper precautions should be taken, and the outbreak unit should be visited last.		
<input type="checkbox"/> Admissions/ Readmissions & Transfers	Limit, if possible, when a new outbreak has been declared. For specific guidance on admissions/readmission, refer to Section 8.5 and 8.6 (page 73-74) of the Recommendations for Outbreak Prevention and Control in Institutions and Congregate Living Settings – October 2024 or as current.		
<input type="checkbox"/> Medical/Other Appointments	If possible, reschedule non-urgent appointments until the outbreak is over.		
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