

SIGN UP FOR THE Healthy Schools NEWSLETTER



FREE Health and Wellness Curriculum Supports

The Healthy Schools Newsletter provides timely classroom activities and resources delivered straight to your email inbox.

SIGN UP during May or June for a chance to **WIN 1 of 5 Swag Bags!**

Inside:

- \$25 PC Gift Card
- Hot/cold gel pack
- Pen and notebook
- Highlighter set
- Cell phone card holder
- Bouncy ball
- Reusable bag



What's in it for you?

Activity ideas and resources to support curriculum-based learning

Resources and supports for parents and caregivers

Previews of upcoming provincial, national and international awareness campaigns

See health and wellness initiatives happening in local schools



SIGN UP NOW

Sign up by scanning this QR code or by visiting wechu.org/school-health/subscribe

*Available in French



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