

**Questions asked during the Healthy at Work Webinar Series – Cycling for Fun, Health and Profit! The Benefits of Cycling in Windsor Essex:**

- 1. When there is a new development/subdivision that is being planned in a municipality, do the municipalities in our area look to include not only sidewalks but also bike lanes? If not are they moving in that direction?**

I am not sure what all the local municipalities do, but I know in Essex we had a municipal town planner write in the agreements to developers that they should include room for bike lanes. Many large cities are including agreements that involve designing complete streets which allows for those walking and biking. You are seeing this more and more now as municipalities are trying to work with developers to have these design elements in place before they begin digging. It is a lot less costly to do this in the beginning than try to do a retrofit afterwards.

- 2. What can the business community do to be more accommodating to bike users who want to shop or eat in the area?**

The first thing businesses or workplace can do for customers or an employee is to learn more about becoming a bike friendly workplace. They can learn more about this through the Share the Road Program or Ontario by Bike which has information on attracting cycling tourists. A workplace should also look at providing a secure place to lock up a bike, an area where a cyclist can wash/freshen up when commuting to work and home, and a small bike repair station would also help. In addition it is important that a workplace should see the benefits of employees cycling to and from work. There are not only health benefits to the employees but also to a workplace when they have healthy employees working for them.

- 3. You had mentioned that there are plans to advocate for a pedestrian/bike path on the new international bridge. Is this common practice at other Canadian/American crossings?**

Yes there are several Canadian American crossings that allow cycling on them which include the Niagara and Cornwall bridges and also many land crossings out west. Currently in Windsor-Essex it is difficult to do. You have to disassemble your bike and put it on a Windsor Transit shuttle bus to the United States if you want to use your bike. However if we have included for the new site it will get used. If you build it, they will come.